

ADHD-RS-IV WITH ADOLESCENT PROMPTS*†

	None	Mild	Moderate	Severe		None	Mild	Moderate	Severe
9. Forgetful in daily activities Do you forget a lot of things in your daily routine? Like what? Attending a class? Chores? Work? Appointments or obligations? Meetings with friends? Do you forget to bring things to school or work, such as school or work materials or assignments due that day? Do you need to write regular reminders to yourself to do most activities or tasks, otherwise you will forget? If you don't write something in your school planner are you likely to forget to do it?	0	1	2	3	14. On the go, "driven by a motor" Is it hard for you to slow down and do one thing for a long period of time? Do you feel like you (often) have a lot of energy and that you always have to be moving, are always "on the go"? Do you feel like you're driven by a motor? Do you feel unable to relax? Does it interfere with your ability to fall asleep at night?	0	1	2	3
10. Squirms or fidgets Can you sit still or are you always moving your hands or feet, or fidgeting in your chair? Do you tap your pencil or your feet? A lot? Do people notice? Do you regularly play with your hair or clothing? Do you consciously resist fidgeting or squirming? Do the teachers comment on your fidgeting or squirming at school? Do your parents comment on your fidgeting or squirming at the dinner table? Is it difficult for you when you cannot be physically active?	0	1	2	3	15. Talks excessively Do you talk a lot? All the time? More than other people? Do you talk out of turn in class? Do people (parents, teachers, friends) complain about your talking? Is it a problem? Are you often louder than the people you are talking to?	0	1	2	3
11. Can't stay seated Do you have trouble staying in your seat? At work? In class? At home (eg, watching tv, eating dinner)? In church or temple? When playing video games? Do you choose to walk around rather than sit? Do you have to force yourself to remain seated? Is it difficult for you to sit through a long meeting, class, or lecture? Do teachers ever comment on your inability to remain seated? Do you try to avoid going to functions that require you to sit still for long periods of time?	0	1	2	3	16. Blurts out answers Do you give answers to questions before someone finishes asking? Do your teachers complain about answering their questions prematurely? Do you say things before it is your turn? Do you say things that don't fit into the conversation? With your parents? Friends? Classmates? Do you do things without thinking? A lot?	0	1	2	3
12. Runs/climbs excessively Are you physically restless? Do you feel restless inside? A lot? Do you feel more agitated when you cannot exercise on an almost daily basis? Do you have trouble staying seated at the table through an entire meal?	0	1	2	3	17. Can't wait for turn Is it hard for you to wait your turn in conversation, when playing games, in lines (like the lunchroom), or while driving? Are you frequently frustrated with delays? Do your parents comment on your trouble waiting? Does it cause problems? Do you put a great deal of effort into planning to not be in situations where you might have to wait?	0	1	2	3
13. Can't play/work quietly Do you have a hard time playing quietly? During leisure activity (nonstructured times or on your own, such as reading a book, surfing the Internet, listening to music, playing a board game) are you agitated or unhappy? Do you always need to be busy after school, work, or when your family goes on vacation?	0	1	2	3	18. Intrudes or interrupts others Do you talk when others are talking without waiting until you are acknowledged? Do you butt into others' (your parents', friends', or siblings') conversations before being invited? Do you interrupt others' activities when they are busy? Do you have trouble waiting for your parents to finish something they are doing before asking them a question? Is it hard for you to wait to get your point across in conversations or at meetings?	0	1	2	3

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† Prompts developed by Lenard Adler, MD; Thomas Spencer, MD; and Joseph Biederman, MD